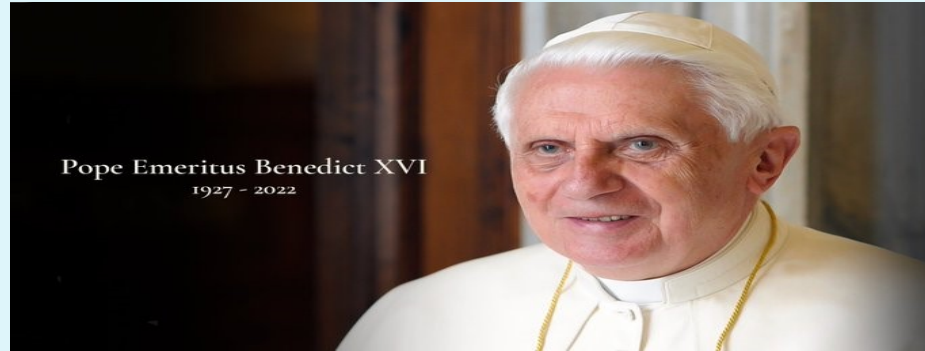




**Announcements and Upcoming Events**



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**TO ALL PARISHIONERS CELEBRATING IN JANUARY!**

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**SPIRITUAL COMMUNION**

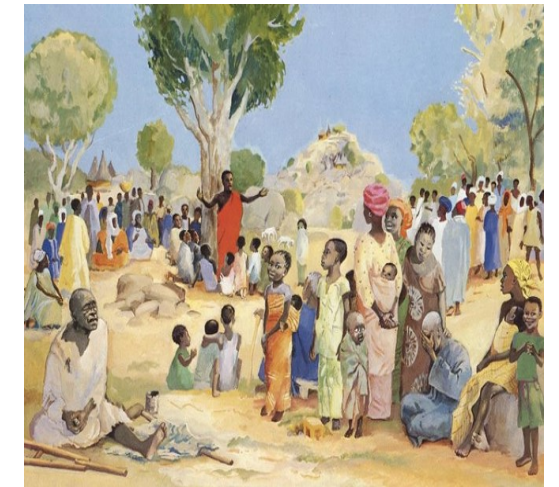
Receiving the Blessed Sacrament in the Eucharist is the source and summit of our Catholic faith, but during these unprecedented times and to ensure the health and safety of all people, it is not always possible or desirable to receive the Sacrament publicly during this time. However, there are still opportunities to draw close to Christ and unite with the Church during these difficult times. We encourage all parishioners who would like to do so, to take the opportunity to receive the blessings bestowed upon us through a Spiritual Communion. Spiritual Communion is an opportunity to still be able to unite ourselves to the Sacrament. The basic elements of an Act of Spiritual Communion are an Act of Faith; an Act of Love; a desire to receive Christ; and an invitation to Him to come into your heart. Families or individuals can be encouraged to receive Spiritual Communion in the following manner.

**STEPS FOR A SPIRITUAL COMMUNION**

- Find a quiet space
- Begin with the Sign of the Cross
- Read the daily readings. These can be found at any of the following locations:
- <http://usccb.org/calendar/index.cfm?showLit=1&action=month>
- MAGNIFICAT: English: [www.magnificat.com/free](http://www.magnificat.com/free)
- Take time to reflect on the readings
- Pray the Our Father; Pray the Prayer of Spiritual Communion
- Conclude with the Sign of the Cross

Prayer of Spiritual Communion:

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You have already come, and unite myself wholly to You. Never permit me to be separated from You. Amen.  
(Attributed to St. Alphonsus Liguori)



**Archbishop Rozanski has lifted the dispensation of the faithful to attend Mass on Sundays and Holy Days of Obligation as of July 1, 2021. It is noted that parishioners who are sick, homebound, immunocompromised and gravely concerned for their health retain the dispensation from the obligation to attend Mass.**

**EVERYONE WHO IS ABLE TO RECEIVE THE INOCULATIONS SAFELY WITH THE RESPECTIVE COMPOUNDS IS ENCOURAGED TO BE VACCINATED AND RECEIVE BOOSTERS AS APPROPRIATELY GUIDED BY YOUR MEDICAL PERSONNEL.**

**Rev. Arthur J. Cavitt, Pastor**  
arthurcavitt@archstl.org

**Pastoral Staff**  
Deacon Stanley Peterson (Retired)  
Darlene Elston-Religious Education

**Music Ministry Coordinator**  
John Reed

**Sacrament of Reconciliation**  
Please see Fr. Cavitt or call the Rectory for an appointment.

**Parish Center Rental and Roller Skating**  
Call the Parish Office for details.

**Food Pantry (Note Revised Hours)**  
Monday (except holidays), 10:00 a.m.-12:30 p.m.  
701 N. 18th St., **Now On Facebook**  
<https://www.facebook.com/snfpstl/>  
Serving Zip Codes 63101, 63102, 63103, 63106, & 63155

**Two forms of ID to confirm residency are necessary.**  
**The Temporary Emergency Food Assistance Program is an equal opportunity provider.**

**1414 N. Taylor location**  
**Tuesdays, 9:00 a.m. – 11:00 a.m.**  
**Serving Zip Codes 63108, 63113, 63115**

701 N. 18th Street  
Saint Louis, Missouri. 63103  
Phone: (314) 231-2860 Fax: (314) 241-9823

**Email: [stnickscatholicchurch@gmail.com](mailto:stnickscatholicchurch@gmail.com)**  
**Web Page: [www.stnickscatholicchurch.com](http://www.stnickscatholicchurch.com)**

**Sunday Mass**  
10:30 a.m.  
**Scheduled Weekday Masses**  
On Holy Days of Obligation, 12:15 p.m.

**St. Ann Novena**  
July 18-26

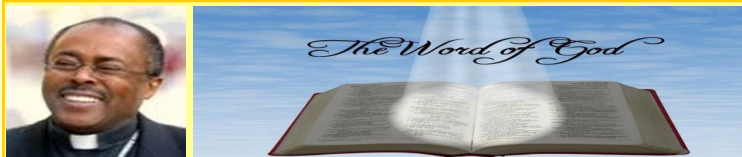
**See [www.stnickscatholicchurch.com](http://www.stnickscatholicchurch.com) for the link about the St. Ann Shrine and Novena**

**Church Parking also available on Sundays and special events on the lot at the northwest corner of 19th and Lucas. Entrance is on 19th Street.**

**St. Nicholas Catholic Church**  
**Mission Statement**

**W**e, the community of believers of St. Nicholas Catholic Church are called by GOD to give living witness to the saving power of Jesus offered freely to all humanity. We are empowered by the Holy Spirit and sent into the world to recreate the face of the earth. In the light and the truth of the Gospel message, we are committed to: Grow in our faith, participate in and support our Church, to reach beyond ourselves to meet the needs of others who seek to better their lives by unashamedly living our Catholic Faith.

**Pastor's Corner**



Dear People of God,  
Thank you to the crew who cleaned and sanitized the church Friday in preparation for today's liturgy.

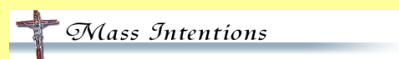
Please see the updated note on page three about the All Things New Initiative. As I've noted regularly, Don Elston is our primary contact person. Parishioners agreeing to serve as key leaders are Gene Baldi, Eloise Grimes, Bill McHugh, Jennifer Muzinic, and Jayne Thompson. Thank you, folks your continual service to the parish.

I will reiterate here as I have for months now that to the extent that you can, everyone is urged to make financial contributions to the church in person at Mass, through on-line giving, or postal mail. Thank you to those of you who are doing so as well as being among those who are regularly attending Mass and are involved in parish ministries. In other words, thank you for your stewardship at this crucial time. Continue to know that aside from being in the midst of numerous structural problems, in order to continue operating, there are still bills to be paid on a regular basis.

Please stay "prayed-up" generally and close to the warmth during these trying weather days. Our Lady, Health of the Sick, pray for us. St. Ann & St. Joachim pray for us. St. Nicholas, pray for us.

Your pastor and brother in Christ,  
*Fr. Art*

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You are invited to submit Mass Intentions to the Parish Office or to Fr. Art for scheduling. Only one submission is accepted for each Mass. The submission should include \$10.00 for each Mass Intention. We will list them in the bulletin for that upcoming week.

**Stewardship**

**Financial Summary**  
For Weeks of January 15 & January 22

Source	January 15	January 22
Offertory/Drop Off	\$ 1,209.83	\$ 1,208.98
Book of Life		\$ 20.00
On-line Giving	\$ 120.00	\$ 773.00
Candles	\$ 1.00	\$ 5.00
Solemnity of Mary	\$ 10.00	
St. Louis Review	\$ 126.00	\$ 35.00
Mass Intention		\$ 10.00
Refund Copier Lease Adjust.		\$ 727.44
Total Offertory & Other	<u>\$ 2,886.83</u>	<u>\$ 2,779.42</u>
Church Mail-in	\$ 1,540.00	\$ 103.00
Total Parish Deposit	<u>\$ 3,006.83</u>	<u>\$ 2,882.42</u>



January 29  
4th Sunday of Ordinary Time

10:30 a.m.

Lectors:  
Darlene Elston  
Alice O'Bryant

Eucharistic

Ministers:  
Don Elston  
Albert Washington

Hospitality:

Ella Scott  
Monica Feaman  
Judy McDuffie

Commentator: TBD

February 5  
5th Sunday of Ordinary Time

10:30 a.m.

Lectors:  
Alice Prince  
Carlton Prince

Eucharistic

Ministers:  
Eloise Grimes  
Bill McHugh

Hospitality:

Monica Feaman  
Judy McDuffie

TBD



**The Archdiocesan Office of Black Catholic Ministries**

ST. CHARLES LWANGA CENTER NEWS



The Lwanga Center Bible Study continues with our exploration of "The Book of Wisdom" on Thursdays at 1:00 p.m. Until otherwise advised it will continue at St. Nicholas.

Save the date for April 23, 2023, the 39th Annual Testimonial Dinner. Archdiocesan Honorees are Deacon Charles Allen (Posthumously), Simeon Layne, Jr. and Mathews-Dickey Boys' and Girls' Club of Greater St. Louis. Information about obtaining tickets will be forthcoming. Mrs. Helen Gill remains the Lwanga Board Representative and liaison for such.

Also Save the date for Sunday February 26, 2023 for the continuation of "A Black Catholic Community's Perspective on 'The Black Church: This is our story. This is our song.'" See Flyers in Church or through electronic bulletin mailing supplemental attachment.



**ALL THINGS NEW**

Feedback Survey information about the proposed options during the Parish Listening Session was sent to those on our electronic list and our postal mailing list. The electronic survey responses were due on December 31st. The hard copy responses of those who received the surveys via postal mail and submitted for us to input your responses at the office, were done in time to meet that December deadline. Thank you for your participation. More information to be shared is forthcoming.

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**ARE YOU READY FOR THE COVID VACCINATION?**  
**CALL 877-435-8411 OR LOG-ON TO M0St0psCovid.com**  
for vaccination sites and related information.  
Also log-on to the church's web page for information from a public service announcement sponsored by the St. Louis City Department of Health.

**WELCOME TO OUR VISITORS**

Special greetings to our friends and visitors who have come to pray and worship with us. We are glad to have you with us.

Please feel free to sign our guest book and or complete one of the visitors cards and return it to one of the ministers of hospitality.

Thank You and may the Blessings from our Lord be with you.

**Church Announcements**

**Stewardship is HEART WORK**  
Our church is now offering online giving. All households receiving regular church envelopes should have already received information in the postal mail about this option. Feel free to view the link on our website:  
[www.stnickscatholicchurch](http://www.stnickscatholicchurch)

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For enrollment in the Book of Life please see instructions and forms on the appropriate stand by the St. Ann Shrine. Please note that the Book is for enrollment of the names of the deceased for perpetual prayer. Please feel free to offer Mass Intentions for the living and deceased through instructions under the Pastor's Corner.

To light candles across from the St. Ann Shrine is \$4.00. To purchase a candle it is \$5.00, please see one of the church ministers. Place your money in an envelope and insert it in the canister stand across from the chapel. Candles on the Our Lady of Perpetual Help Altar are lit for \$1.00. The canister is in that area on the Altar.

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**Mardi Gras Ball presented by the Ladies Sodality is scheduled for Saturday, March 4, 2023 from 7 p.m.-11 p.m. in the parish hall. Tickets \$25.00. BYOB. Free food while it lasts. See the promotional card in church for the ticket contact persons.**

**Sick, Elderly, Home Bound & Prayer Requests**

Debbie Allen  
Kenecia Allen  
Phyllis Allen  
Kate Baldi  
Vera Baird  
Anne Brown  
Angela Cherry-Carr  
Shirley Cherry  
Virginia Cavitte  
Candice Burke  
Chloe Burke  
Jalen Burke  
Brenda Cole  
Calvin Davis  
Geraldine Davis  
Warren Davis  
Patricia Fleming  
Donald Gammon  
Helen Gill  
Tyrone Gill  
Karen Gonnigan  
Gregory Jenkins  
Everlyn Jones  
Reign Brown-Jones



Queen Jones  
Virgil Kaleem  
Peggy Ledoux  
Brenda Mahr  
Teresa Mancuso  
Thomas Newman  
David O'Bryant  
Bill McHugh  
Barbara Parker  
Deacon Stanley Peterson  
Elouise Reed  
Bart Robbins  
Derrick Ross  
Charles Sams  
Janie Shockley  
Doris Tobias  
Brenda Ulmer  
Carol Wallace  
Mildred Washington  
Steve Washington  
Carole Willis  
Cleopatra Young